



SkiPilatesFUSION

Studio class timetable

Day & Time	7am	10am	11am	12pm	4pm	5pm	6pm
Wednesday	Studio Class		Studio Class			Studio Class	
Thursday		Studio Class	Studio Class				Studio Class
Friday	Studio Class		Studio Class			Studio Class	
Saturday		Studio Class	Studio Class		Studio Class	Studio Class	
Sunday	Studio Class	Studio Class	Studio Class				

Please note: Clients must complete a 1 on 1 assessment prior to joining a studio class. Class times and days are subject to change. Initial assessments, private classes and Pilates samplers are available outside of the regular studio class times.

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